CERVICAL CANCER AT A GLANCE

DECLINE IN DEATH RATE DUE TO INCREASED USE OF PAP TESTS

MOST FREQUENTLY DIAGNOSED IN WOMEN

35-44 YEARS OF AGE

DEATH RATE HIGHEST for BLACK WOMEN

PREVENTATIVE MEASURES YOU CAN TAKE

HEALTHY DIET
Eat more fruits & vegetables

EXERCISE REGULARLY
At least 30 minutes a day and 5 times a week

QUIT SMOKING
Every cigarette damages your health

REDUCE ALCOHOL
Every drink increases your risk for cancer

GET SCREENED
Visit your doctor for regular check ups

OUR SERVICES: MAMMOGRAPHY, BREAST BIOPSY, PROSTATE BIOPSY, ULTRASOUND, BONE DENSITOMETRY, RADIATION THERAPY