The following is a list of all items that will be impacted by the sugar tax as of April 1, 2019, according to a spokeswoman for the Ministry of Health:

- Cane or Beet sugar in solid form
- Chemically pure sucrose in solid form
- Sugar confectionary (including white chocolate)
- Sugary breakfast cereals
- Preparations for making beverages, containing added sugar
- Syrups, containing added sugar
- Chocolate, containing added sugar
- Other food preparations containing cocoa and added sugar
- Waters, including mineral waters and sodas, containing added sugar