Every Wednesday at 5pm it’s Gin O’Clock at Crown & Anchor

**Monday April 29**

**CHILDREN’S MINDFULNESS YOGA FOR STRESS RELIEF**

Starts

4pm at The Yoga Centre. The cost is $15. For more information, or to register, contact YogaOnTheRock@logic.bm.

**ASYN YOGA: FOR ARMS, SHOULDERS, UPPER BACK AND NECK**

Starts

11am at The Yoga Centre. The cost is $15. For more information, or to register, contact YogaOnTheRock@logic.bm.

**Tuesday April 30**

**IVYENGA YOGA FOR BEGINNERS**

8pm at The Club Yoga Centre at Fritholme Gardens. The cost is $150. For more information, or to sign-up, contact Cara at yaga@fritholme.bm or visit fritholme.com/ivyenga-yoga.

**Wednesday May 1**

**BIFFIUX MONTHLY FILM SERIES: FREE SOLO**

6:30pm at Specialty Cinema. Tickets are $15, and available at Ptix.bm or from Specialty Cinema box office. For more information, contact info@biffifilm.com or call 293-3456.

**Friday May 3**

**IYENGAR YOGA: MODERATE COURSE**

6pm at The Club Yoga Centre at Fritholme Gardens. The cost is $240. For more information, or to register, contact Cara at yaga@fritholme.bm or visit fritholme.com.

**2019 SCHOOL’S RELAY CLASSIC: BERMUDA PACERS TRACK CLUB**

5:30pm at National Sports Centre. Free Entry.

For more information, contact balopers@alltel.bm.

**YOUTH LIBRARY BOOK SALE**

5pm at the Youth Library. Paperbacks are 50cents and hardbacks $1, or fill a brown paper bag for $15. For more information, contact 295-0487 or msmith@btfonline.bm.

**Saturday May 4**

**PRE-SUMMER BOATING SEMINAR**

9am at Bermuda Sailors’ Home. The cost is $20 and tickets are available on Ptix.bm. For more information, contact Waypoint Marine Consulting at info@waypointbermuda.com or visit WaypointBermda.com.

**2019 AKA END-TO-END WALK**

7am in St. George’s (End to End) or 9am in Hamilton (Middle-To-End).

Registration is open online at BermudadEndToEnd.bm, or register in person at the Washington Mall, from Monday, April 29th through Friday, May 3rd, between 9am-5pm. For more information, contact ete@logic.bm or visit BermudadEndToEnd.bm for location details.

**PRE-MOTHER’S DAY LOVE JAM**

9pm at National Sports Centre. Tickets are $75 for general admission or $100 for VIP, and available from Ptix.bm, Inferno Lounge, or at the gate. For more information, contact pulsedba@gmail.com.

**DIA LIVE AND DIRECT**

9pm at Blue Waters Anglers Club. Tickets are $20 in advance or $30 at the door. For more information, or to purchase tickets, contact 536-3694.

**A NIGHT IN THE TRIANGLE**

6:30pm at BUEI. Tickets are $100 per person and corporate tables are also available. For more information, or to RSVP, contact marketing@buei.org or call 294-0203.

**Sunday May 5**

**SWAN’S RUNNING CLUB LEGENDS RACE SERIES 2019:**

**“SIR” STANLEY BURGESS 5K**

8:30am at Police Recreation Club. To register, visit BRC@police.bm. For more information, contact aspk@ymail.com.

**THE CRYSTAL BUTTERFLY AWARDS: PART 2**

1:30pm at Cedarbridge Academy. Tickets are $45 and can be purchased from Island Kaddy, Music Box and The Leopards’ Club.

For more information, contact ddbutterfly@logic.bm.

**VIBE & PAINT: CINCO DE MAYO EDITION**

3pm at B habitual. Tickets are $50 and available online at https://tix.cc/k52xepbh. For more information, contact Christanshi at 735-2399 or artshackbda@gmail.com.

**METROPOLITAN OPERAS LIVE IN HD (ON FILM)**

**BIZET’S CARMEN**

5pm at BUEI. Tickets are $40 or $35 for students or with subscription. For more information, contact 294-0204 or visit MetOpera.org for general info on the season.

**Monday May 6**

**RHYTHM DANCE WITH DAN**

6:30pm at Fairmont Southampton. For more information, contact Dan at dan@bdsafe.org or visit www.theahlinstitute.com/dance.html.

**MARY WATSON’S THERAPEUTIC HINDU YOGA**

9am at The Royal Naval Dockyard. For more information, contact vasiliki@harrison-farmersmarket.com.

**THE CRYSTAL BUTTERFLY AWARDS: PART 3**

6:30pm at Cedarbridge Academy. Tickets are $45 and can be purchased from Island Kaddy, Music Box and The Leopards’ Club.

**Wednesday May 8**

**BERMUDA BOOK FAIR**

10am-6pm at the Royal Naval Dockyard. Tickets are $5 for general admission or $10 for VIP, and available from Ptix.bm, Inferno Lounge, or at the gate. For more information, contact pulsedba@gmail.com.

**THURSDAY MAY 9**

**ART ON THE DOCK**

6pm at Fairmont Southampton. For more information, contact Mike Hind at mike@bduk.co.uk.